

## Schedule - Arena 1

## Session 1 Nov. 30, 2024, 9:30 a.m.

| No. | Event                                                                                                                                                                                                           | Participants |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| 1   | Changquan - 18 years and above men - Optional Routines (no nandu required),<br>Changquan 1 Set - 18-39 years women - Compulsory Routines                                                                        | 5            |
| 2   | 42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines,<br>42 Movements Taijiquan - 40-59 years men - Taijiquan Routines                                                                               | 3            |
| 3   | Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines                                                                                                                          | 1            |
| 4   | Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines                                                                                                                                | 1            |
| 5   | Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines,<br>Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines                                                       | 2            |
| 6   | Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,<br>Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines                                                    | 2            |
| 7   | Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines                                                                                                                                   | 1            |
| 8   | Daoshu - 18 years and above men - Optional Routines (no nandu required),<br>Jianshu - 18 years and above men - Optional Routines (no nandu required),<br>Daoshu 1 Set - 18-39 years women - Compulsory Routines | 6            |
| 9   | 42 Movements Taijijian - 15-17 years girls - Taijiquan Routines,<br>42 Movements Taijijian - 40-59 years men - Taijiquan Routines                                                                               | 3            |
| 10  | Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines                                                                                                                          | 1            |
| 11  | Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines,<br>Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines                                            | 3            |
| 12  | Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines                                                                                                                                | 1            |
| 13  | Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines                                                                                                                                     | 1            |
| 14  | Gunshu - 18 years and above men - Optional Routines (no nandu required)                                                                                                                                         | 2            |

## Session 2 Nov. 30, 2024, 2:30 p.m.

| No. | Event                                                                                                                                                      | Participants |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| 1   | Other Short and Soft Apparatus R - 9-11 years boys - Traditional Routines                                                                                  | 4            |
| 2   | Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines,<br>Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines | 4            |
| 3   | Other Short and Soft Apparatus R - 12-14 years boys - Traditional Routines                                                                                 | 5            |
| 4   | Other Short and Soft Apparatus R - 15-17 years boys - Traditional Routines                                                                                 | 7            |
| 5   | Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines                                                                                | 2            |
| 6   | Spear Routines - 9-11 years boys - Traditional Routines,<br>Spear Routines - 12-14 years boys - Traditional Routines                                       | 3            |
| 7   | Spear Routines - 15-17 years boys - Traditional Routines                                                                                                   | 5            |
| 8   | Other Long Apparatus Routines - 12-14 years boys - Traditional Routines,<br>Other Long Apparatus Routines - 15-17 years boys - Traditional Routines        | 3            |
| 9   | Other Long Apparatus Routines - 15-17 years girls - Traditional Routines                                                                                   | 1            |
| 10  | Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines                                                                            | 5            |
| 11  | Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines                                                                            | 3            |
| 12  | Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines                                                                         | 1            |
| 13  | Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years - Traditional Routines                                                                    | 1            |

## Session 3 Dec. 1, 2024, 9:30 a.m.

| No. | Event                                                                                                                     | Participants |
|-----|---------------------------------------------------------------------------------------------------------------------------|--------------|
| 1   | Northern Styles - 18-39 years men - Traditional Routines                                                                  | 4            |
| 2   | Northern Styles - 18-39 years women - Traditional Routines,<br>Northern Styles - 40-59 years women - Traditional Routines | 6            |
| 3   | Northern Styles - 40-59 years men - Traditional Routines                                                                  | 5            |
| 4   | Spear Routines - 18-39 years men - Traditional Routines,<br>Spear Routines - 40-59 years men - Traditional Routines       | 3            |
| 5   | Spear Routines - 18-39 years women - Traditional Routines                                                                 | 1            |
| 6   | Cudgel Routines - 40-59 years men - Traditional Routines                                                                  | 5            |
| 7   | Cudgel Routines - 18-39 years men - Traditional Routines                                                                  | 7            |

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| No. | Event                                                                                                                                                             | Participants |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| 8   | Cudgel Routines - 18-39 years women - Traditional Routines                                                                                                        | 6            |
| 9   | Other Long Apparatus Routines - 18-39 years men - Traditional Routines,<br>Other Long Apparatus Routines - 40-59 years men - Traditional Routines                 | 6            |
| 10  | Other Long Apparatus Routines - 18-39 years women - Traditional Routines                                                                                          | 3            |
| 11  | Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines,<br>Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines | 4            |
| 12  | Female Duilian (Choreographed Sparring) - 40-59 years women - Traditional Routines                                                                                | 2            |
| 13  | Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines                                                                           | 8            |

Session 4 Dec. 1, 2024, 2:30 p.m.